

Full Report (All Nutrients) 45109994, MICHELINA'S, STUFFED BELL PEPPERS CASSEROLE IN MEAT SAUCE WITH RICE, UPC: 717854105736

[Powered by LabelInsight](#)

Report Date: June 19, 2017 16:55 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	227.0 g 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	270	119
Protein	g	--	--	11.01	4.85
Total lipid (fat)	g	--	--	10.01	4.41
Carbohydrate, by difference	g	--	--	31.01	13.66
Fiber, total dietary	g	--	--	2.0	0.9
Sugars, total	g	--	--	4.00	1.76
Minerals					
Calcium, Ca	mg	--	--	41	18
Iron, Fe	mg	--	--	1.79	0.79
Sodium, Na	mg	--	--	951	419
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	27.0	11.9
Vitamin A, IU	IU	--	--	300	132
Lipids					
Fatty acids, total saturated	g	--	--	3.496	1.540
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	25	11

Amino Acids

Other

Ingredients

COOKED LONG GRAIN RICE, GREEN BELL PEPPERS, BEEF, WATER, DICED TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), CATSUP (TOMATO CONCENTRATE, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, ONION POWDER, SPICE, NATURAL FLAVORING), LESS THAN 2% OF TOMATO PASTE, DEHYDRATED MINCED ONIONS, SALT, MODIFIED FOOD STARCH, SUGAR, CANOLA OIL, BEEF BASE (ROASTED BEEF AND CONCENTRATED BEEF STOCK, SALT, HYDROLYZED SOY, CORN AND WHEAT PROTEIN,

CORN OIL, SUGAR, AUTOLYZED YEAST, FLAVORING, MALTODEXTRIN, WHEY, DEXTROSE, CARAMEL COLOR), MARGARINE (LIQUID AND HYDROGENATED SOYBEAN OIL, WATER, SALT, VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, BHA & BHT ADDED TO PROTECT FLAVOR, VITAMIN A PALMITATE AND VITAMIN D3 ADDED), GARLIC (WITH WATER AND CITRIC ACID), WORCESTERSHIRE SAUCE (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, GARLIC POWDER, SUGAR, SPICES, ANCHOVIES, TAMARIND, NATURAL FLAVOR, SULFITES ADDED AS PRESERVATIVES), SOY SAUCE POWDER (SOY SAUCE [FERMENTED SOYBEANS, WHEAT, SALT], MALTODEXTRIN), SPICE, MALTODEXTRIN AND NATURAL FLAVOR, HYDROLYZED WHEAT PROTEIN (WHEAT PROTEIN, SALT, AND MALTODEXTRIN), CARAMEL COLOR. *Date Last Updated by Company: 05/18/2016*